

# What Research Says About Effective Reading



Well-designed, controlled comparisons of instructional approaches have consistently supported these components and practices in reading instruction:

- Direct teaching of decoding comprehension and literature appreciation;
- Phoneme awareness instruction;
- Systematic and explicit instructions in the code system of written English;
- Daily exposure to a variety of texts as well as incentives for children to read independently and with others;
- Vocabulary instruction that includes a variety of complementary methods designed to explore the relationships among words and relationships among word structure, origin, and meaning;
- Comprehension strategies that include prediction of outcomes, summarizing, clarification, questioning, and visualization;

and

- Frequent writing of prose to enable deeper understanding of what is read.