

Foods of Minimal Nutritional Value

"FMNVs"



The Texas Department of Agriculture has implemented guidelines regarding both Foods of Minimal Nutritional Value (FMNV) and competitive foods. These rules were effective, beginning in the 2004-05 school year. Many questions have been raised from parent and student groups regarding these changes. The following is a brief summary.

Elementary

Competitive foods and FMNV foods are not allowed to be sold or consumed on the elementary school campus at any time during the school day. This would include juice from vending machines, PTA ice cream sales, class cup cake sales, etc. All juice available for consumption after the school day must be 50% fruit juice. This ruling does not affect the sale of water from vending machines.

Middle School

Competitive foods are not allowed to be sold or consumed on the middle school campus during the meal period. This would include PTA ice cream sales, cup cake, candy bar sales, etc. FMNV foods are not allowed to be sold until after the last lunch period. All juice available for consumption during the allowable periods must be 50% fruit juice (which will affect Tropicana). This ruling does not affect the sale of water from vending machines.

Candy and other food products sold, including fund raising items, must meet the new FMNV sizing standards as follows:

- Chips - no larger than 1 oz.
- Candy bar - no larger than 1.5 oz.
- Bakery products - no larger than 3 oz.

High School

Competitive foods are not allowed to be sold or consumed on the high school campus where reimbursable meals are being consumed. This would include PTA ice cream sales, cup cake, candy bar sales, etc. All juice available for consumption during the allowable periods must be 50% fruit juice (which will affect Tropicana). This ruling does not affect the sale of water from vending machines.

Candy and other food products sold, including fund raising items, must meet the new FMNV sizing standards as follows:

- Chips - no larger than 1 oz.
- Candy bar - no larger than 1.5 oz.
- Bakery products - no larger than 3 oz.

General Guidelines

Parents may continue to bring food products from outside sources to their own child. **They may not, however, bring products to other children or to the classroom as a whole.**

Under the guidelines, the following activities are no longer permissible in the classroom:

teachers may not give food items as rewards

parents may not bring foods for class consumption

class pizza/ice cream parties are no longer permissible.

The law does allow the district to designate three days for class parties, which we will be designating prior to the start of next school year.

For instructional purposes, teachers may use items such as cereal, goldfish cracker, pretzels, etc. Teachers may not use FMNV or candy, such as gummi worms, skittles, gum, lollipops, M & M's.

These guidelines must be followed when discussing fund raising by student organizations and PTA's.