

Mandatory Physical & Uniforms Information
Grisham Middle School Girls' Athletic Program
Sports Physical Information

What?

- ***The RRISD physical form will be given to the athletes in the spring prior to the next school year. They also can be found on the GMS and RRISD websites.***

When?

- ***All athletes must have a physical on file with the GMS Girls' Coaches prior to the first day of school.***

How?

- ***You must schedule an appointment with a Dr. or low cost clinic in order to complete the physical. RRISD also provides a clinic for physicals in May (date TBA).***

Why?

- ***The physical must be filled out entirely before your daughter will be allowed to participate in try-outs or athletics class.***

Athletic Uniform Information

What?

- ***School issued t-shirt and school issued shorts.***

When?

- ***The athlete must purchase the uniform by the first day of school.***

How Much?

- ***The entire uniform cost \$20.00.***

Where?

- ***The uniform may be purchased from the girls' coaches.***

Why?

- ***Athletes are required to wear the uniform every day.***