

Deerpark Middle School



PLEASE DRESS
KNOWING YOU MAY
BE RUNNING AND
SWEATING.
TENNIS SHOES AND
COMFORTABLE
CLOTHING WILL BE
APPROPRIATE!

Deerpark Middle School

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FAMILY CATCH NIGHT

Coordinated Approach To Child Health

Family Fun and Fitness



Tuesday, 11/17/2009

6:00 PM—8:00 PM

- Learn About The CATCH Program
- Meet The Physical Education Staff
- Challenge Your Student
- Representatives From Local Fitness facilities
- Food Services Facility Tour

Come join Deerpark Middle School in a night full of fun and fitness. We are happy to inform you that CATCH is a complete fitness promoting program funded by the Michael and Susan Dell Foundation. Round Rock ISD is working hard to implement CATCH through out the district in order to improve the life long fitness of all students.

When you and your student arrive to our family CATCH night you will be introduced to this exciting program and the opportunities it presents. Activities will include fitness competitions with your student, presentations by local fitness facilities, a tour of the food service center, introductions to Deerpark physical education staff, and information on nutrition and exercise. PRIZES WILL BE GIVEN TO CONTEST WINNERS!